



SUMMER DAY CAMP INFORMATION

NYA Sports & Fitness Center, a 501(c)(3) non-profit organization, is committed to building a stronger community by providing an environment that supports healthy living through exercise, sports, play, events, and personal connections. Our trained counselors and staff are here to provide campers with a supportive atmosphere where they can learn new skills, make friends, develop self-confidence and most importantly, have fun!

The Facility:

The NYA Summer Camp is hosted in an air conditioned, 90K sq. ft., multi-sports facility located at 4 Primrose St. Newtown, CT in the Fairfield Hills Campus. The facility offers a variety of amenities including, but not limited to a fitness center, personal training, sports clinics, and camps, pickleball, tennis, basketball, baseball, volleyball, birthday parties, corporate events, and more. All campers will enjoy the use of our indoor turf, basketball and volleyball courts, outdoor courtyard, and town fields.



AUSTIN BAIRD, CAMP DIRECTOR

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P: 203.426.0088 EXT. 105

STAFF & ACTIVITIES

The Staff:

Each member of our team serves as professional role models who bring their energy, knowledge, and unique passion to make a difference in the life of every camper each day. The NYA counselor team are all CPR certified and include certified coaches, teaching staff, college students and athletes of which most have been part of our organization for several years.

Camp Activities:

Counselors will organize and execute friendly, competitive play between campers that promote teambuilding and sportsmanship.

A typical day at NYA will include activities based on the theme of the week, classic camp and “PE” games like capture the flag, mat ball, pillow hockey, gaga ball, dodgeball, to name a few, arts and crafts, inflatables, water challenges and a period of wacky games.

This year, NYA is introducing a sport elective module where campers can choose a sport they would like to learn more about and work with a counselor on skill development and compete with fellow campers with the same interest.



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WHAT TO BRING TO CAMP

Lunch & Snacks:

Campers will have designated times for lunch and snack each day. All food and drinks are to be brought from home, they should be packed **WITH AN ICE PACK** and your child's name should be written on all containers. Please note, we are not able to refrigerate or heat up lunches or snacks.

We recommend you pack a large re-fillable water bottle and snacks your child will enjoy during snack time. Snacks and Gatorade are available for purchase in our café daily so please send your child in with money if they are interested in buying a snack. The café snacks run between \$1.00 and \$2.00, and Gatorades are \$3.00. **Due to severe allergies, we are a peanut/tree nut free camp.** Please do not pack any foods that contain peanuts or tree nuts. ***On Fridays all campers are treated to Pizza so there is no need to pack a lunch.***

Camp Checklist:

- Backpack
- Sunscreen
- Closed toe shoes/sneakers
- Appropriate/comfortable clothes
- Towel, a change of clothes and clothes that can get wet on days we play water games (you will be notified of these days in advance)

Please refrain from sending your child with:

- Toys from home
- Electronics i.e., cell phones, gaming devices, music players, etc.
- Cleats
- Trading Cards (Pokemon cards, etc.)
- Gum
- Glass Bottles

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PICK UP & DROP OFF

Drop Off:

At the start of every day, the parent/guardian will check in their camper at the check-in desk where a counselor will greet them. Once signed in, the camper will be escorted into the classroom to begin their day. The check-in desk is located by the front desk when you walk into the facility.

Pick Up:

During our dismissal periods, a counselor will be at the checkout desk, where parents/guardians will sign out their child who will be called for dismissal. Camp staff will only release your child to authorized persons identified on the participant's Child Release Authorization form unless other arrangements have been made with the Camp Director. Anyone picking up a camper should be prepared to provide identification before a child is released to them.

Authorized Release:

In the event an unauthorized person needs to pick up your child, written notification must be provided at drop off that day. If an emergency or unexpected need should arise for an unauthorized person to pick up your child, please contact the Camp Director through NYAs front desk at 203-426-0088 x0. You will be asked to leave a number you can be reached at and the Camp Director will return your call. The person(s) picking up your child MUST provide identification at pickup.

Late Pick Up:

For your convenience, NYA offers before and aftercare for \$45 a week. In the event a camper is not registered for before and aftercare, but a parent/guardian is late for pickup more than once a week, we reserve the right to charge a \$45 late fee to cover the cost of after care. An additional \$20 late pick up fee will be charged for recurrent lateness past 5:30pm. We understand unforeseen circumstances do occur so in those instances we recommend calling the facility at 203-426-0088 x0 to speak with one of our Directors.

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FORMS & BEHAVIOR MANAGEMENT

Financial Aid:

Financial Assistance is available for those in need through the Judith Hunter Scholarship Fund; NYA's objective is to provide a summer camp experience to as many children as we possible. To apply for financial assistance, complete the application and return to us with the requested documents. Financial Aid applications can be found on the Summer Camp tab under Camper Forms & Documents.

Forms:

Upon registration, parents must complete the following forms located in the Camper Forms & Documents section of the website. They must be emailed or handed in person to the Camp Director prior to the start of camp.

Required:

- Health Assessment Record
- Camper Information
- Child Release Authorization

If Applicable:

- Medication Authorization
- Individual Plan of Care

Please note that the NYA Staff are only able to administer Epi-Pens & Inhalers

Behavior Management:

Discipline and guidance shall be consistent and based on an understanding of the individual needs and level of development of each child. Care will be taken to ensure that all rules and limits are clearly explained to the children frequently, so they understand them and feel secure that the adults in charge care enough to keep them safe. Diligent and appropriate methods of behavior management will be used in dealing with unacceptable behavior. These techniques include:

- Create group rules/set expectations
- Keep activities moving
- Use positive reinforcement
- Redirect attention
- Use “cool off” breaks – have them take a break from the group
- If necessary, seek assistance from a Director

Code of Conduct:

Repeated behavior which threatens the physical and/or emotional safety of the child, other children, or staff (i.e.: hitting, biting, verbal assault, kicking, throwing objects, pushing, and temper tantrums) will result in suspension, with possible termination of the child from camp.

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